



North Carolina Retired School Personnel Individual Volunteer Hours Record for 2010

Name: _____ Unit: _____ District: _____

Category	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Totals
Education													
Other*													
Total Hours (All Categories)													

* Volunteer hours for the "Other" category would include the following activities; *please circle the ones in which you participated:*

- | | |
|---|--|
| <ul style="list-style-type: none"> • Political • Governmental • Neighborhood • Civic organization | <ul style="list-style-type: none"> • Companion to shut-in • Healthcare / Medical volunteer • Church / religious work • Mission work • Transport others • Mentoring • Non-profit group |
|---|--|

Notes:

- Activities for which you are paid (including honoraria or stipends) do not count for volunteer hours.
- While the NCRSP Executive Board considers time spent caring for grandchildren, elderly parents, or other family members as very important, it considers these activities to be family obligations, *and does not accept these hours as volunteer hours.*

Submit this completed form to your unit's Community Participation Chair by January 12, 2011.