

”Uniting for a better future for our students, our educators, and our communities: Retired ready for action”

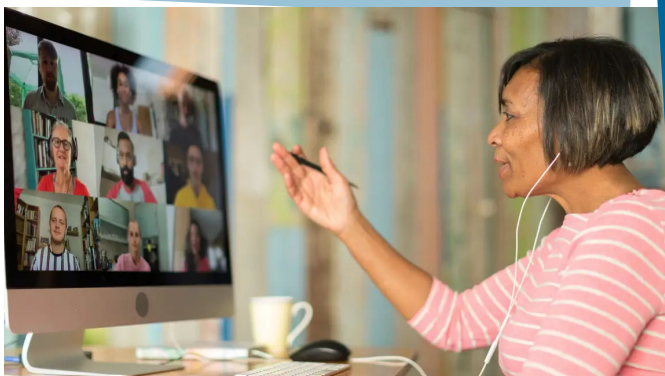
**NCRSP Virtual Annual State Convention**  
April 25-28, 2022

**\*\*Schedule is Subject to Change**

Registration Opens March 4

Closes March 31

Contact Your Local President if you are interested in attending as a Delegate or as a Guest



**Monday, April 25**

9:00 AM – Workshop ‘Stress Management Strategies’

**Tuesday, April 26**

9:00 AM – Workshop ‘Beware Scams’  
10:00 AM – Executive Board Meeting

**Wednesday, April 27**

9:00 AM – Workshop ‘Your Weekly Workout Plan’  
10:00 AM – Workshop ‘Travel Opportunities’ by Collette  
11:00 AM – Panel Discussion with guests Rep. Pat Hurley and Rep. Greg Meyer  
12:00 PM – Games  
1:00 PM – Representative Assembly Day 1

**Thursday, April 28**

9:00 AM – Workshop ‘Dementia and Mental Health’ by Dementia NC  
10:00 AM – Workshop ‘GO 365 Demonstration by Humana  
11:00 AM – Virtual Luncheon with guest Representative Alma Adams  
1:00 PM – Representative Assembly Day 2

